# The People's Mass

#### THE INTRODUCTORY RITES

# **Entrance Antiphon**

(Cf. Ps 30:3-4)

Be my protector, O God, a mighty stronghold to sa

a mighty stronghold to save me.

For you are my rock, my stronghold!

Lead me, guide me, for the sake of your name.

In the name of the Father, ... Amen.
The grace of our Lord ... And with your spirit.

Penitential Act

Brethren (brothers and sisters), ...

A brief pause for silence follows.

I confess to almighty God / and to you, my brothers and sisters, / that I have greatly sinned, / in my thoughts and in my words, / in what I have done and in what I have failed to do,

And, striking their breast, they say:

through my fault, through my fault, / through my most grievous fault; / therefore I ask blessed Mary ever-Virgin, / all the Angels and Saints, / and you, my brothers and sisters, / to pray for me to the Lord our God.

May almighty God have mercy on us, ... Amen.
Lord, have mercy.
Christ, have mercy.
Lord, have mercy.
Lord, have mercy.
Lord, have mercy.
Lord, have mercy.

#### Gloria

Glory to God in the highest, / and on earth peace to people of good will. / We praise you, / we bless you, / we adore you, / we glorify you, / we give you thanks for your great glory, / Lord God, heavenly King, / O God, almighty Father. / Lord Jesus Christ, Only Begotten Son, / Lord God, Lamb of God, Son of the Father, / you take away the sins of the world, have mercy on us; / you take away the sins of the world, receive our prayer; / you are seated at the right hand of the Father, have mercy on us. / For you alone are the Holy One, / you alone are the Lord, / you alone are the Most High, Jesus Christ, / with the Holy Spirit, / in the glory of God the Father. Amen.

# THE LITURGY OF THE WORD

#### FIRST READING

(Lev 13:1-2.44-46)

A reading from the book of Leviticus.

The Lord said to Moses and Aaron, 'If a swelling or scab or shiny spot appears on a man's skin, a case

of leprosy of the skin is to be suspected. The man must be taken to Aaron, the priest, or to one of the priests who are his sons.

'The man is leprous: he is unclean. The priest must declare him unclean; he is suffering from leprosy of the head. A man infected with leprosy must wear his clothing torn and his hair disordered; he must shield his upper lip and cry, "Unclean, unclean". As long as the disease lasts he must be unclean; and therefore he must live apart; he must live outside the camp.'

The word of the Lord.

Thanks be to God.

## RESPONSORIAL PSALM

(Ps 31:1-2.5.11)

- You are my refuge, O Lord; you fill me with the joy of salvation.
- Happy the man whose offence is forgiven, whose sin is remitted.
   O happy the man to whom the Lord imputes no guilt, in whose spirit is no guile.
- But now I have acknowledged my sins; my guilt I did not hide.
   I said: 'I will confess my offence to the Lord.'
   And you, Lord, have forgiven the guilt of my sin.
- Rejoice, rejoice in the Lord, exult, you just!
   O come, ring out your joy, all you upright of heart.

# SECOND READING

(1 Cor 10:31-11:1)

A reading from the first letter of St Paul to the Corinthians.

Whatever you eat, whatever you drink, whatever you do at all, do it for the glory of God. Never do anything offensive to anyone – to Jews or Greeks or to the Church of God; just as I try to be helpful to everyone at all times, not anxious for my own advantage but for the advantage of everybody else, so that they may be saved.

Take me for your model, as I take Christ.

The word of the Lord.

Thanks be to God. (Cf. Eph 1:17-18)

GOSPEL ACCLAMATION

Alleluia, alleluia! May the Father of our Lord Jesus Christ enlighten the eyes of our mind,

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so that we can see what hope his call holds for us.

Alleluia!

GOSPEL (Mk 1:40-45)

The Lord be with you. And with your spirit.

A reading from the holy Gospel

according to Mark. Glory to you, O Lord.

A leper came to Jesus and pleaded on his knees: 'If you want to', he said, 'you can cure me.' Feeling sorry for him, Jesus stretched out his hand and touched him. 'Of course I want to!' he said. 'Be cured!' And the leprosy left him at once and he was cured. Jesus immediately sent him away and sternly ordered him, 'Mind you say nothing to anyone, but go and show yourself to the priest, and make the offering for your healing prescribed by Moses as evidence of your recovery.' The man went away, but then started talking about it freely and telling the story everywhere, so that Jesus could no longer go openly into any town, but had to stay outside in places where nobody lived. Even so, people from all around would come to him.

The Gospel of the Lord.

Praise to you, Lord Jesus Christ.

Profession of Faith

(Nicene Creed) I believe in one God, I the Father almighty, I maker of heaven and earth, / of all things visible and invisible. / I believe in one Lord Jesus Christ, / the Only Begotten Son of God. / born of the Father before all ages. / God from God, Light from Light, / true God from true God, / begotten, not made, consubstantial with the Father; / through him all things were made. / For us men and for our salvation / he came down from heaven.

At the words that follow, up to and including and became man, all bow.

and by the Holy Spirit was incarnate of the Virgin Mary, / and became man. / For our sake he was crucified under Pontius Pilate, / he suffered death and was buried, / and rose again on the third day / in accordance with the Scriptures. / He ascended into heaven / and is seated at the right hand of the Father. / He will come again in glory / to judge the living and the dead / and his kingdom will have no end. / I believe in the Holy Spirit, the Lord, the giver of life, / who proceeds from the Father and the

Son, / who with the Father and the Son is adored and glorified, I who has spoken through the prophets. / I believe in one, holy, catholic and apostolic Church. / I confess one Baptism for the forgiveness of sins / and I look forward to the resurrection of the dead / and the life of the world to come. Amen.

The priest introduces the Prayer of the Faithful,

### THE LITURGY OF THE EUCHARIST

Pray, brethren (brothers and sisters), ... May the Lord accept the sacrifice at your hands for the praise and glory of his name, for our good. and the good of all his holy Church.

**Eucharistic Prayer** 

The Lord be with you. And with your spirit. Lift up your hearts. We lift them up to the Lord. Let us give thanks to the Lord our God.

It is right and just.

Sanctus

Holy, Holy, Holy Lord God of hosts. ...

After the Consecration

The mystery of faith.

When we eat this Bread and drink this Cup. we proclaim your Death, O Lord, until you come again.

#### THE COMMUNION RITE

At the Saviour's command ...

Our Father, who art in heaven, ... Deliver us, Lord, we pray, from every evil, ...

For the kingdom,

the power and the glory are yours now and for ever.

Lord Jesus Christ, ... Amen.

The peace of the Lord be with you always. And with your spirit.

Lamb of God, you take away the sins ...

Behold the Lamb of God. ...

Lord, I am not worthy

that you should enter under my roof. but only say the word and my soul shall be healed.

Communion Antiphon

(Cf. Ps 77:29-30)

They ate and had their fill, and what they craved the Lord gave them; they were not disappointed in what they craved.

